



Canadian  
Association of  
Music Therapists

Association  
canadienne des  
musicothérapeutes

## Canadian Journal of Music Therapy Revue canadienne de musicothérapie

From the French Content Editor

Mot de la directrice du contenu en français

**Brault, A**, Université Concordia  
Editor's Message / Message de la rédactrice

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## From the French Content Editor

The start of 2020 was marked by immense, worldwide upheaval, due to the destructive effects of COVID-19. We have, now more than ever, seen the power of music to draw people together, especially in challenging times. Artists have joined forces on social media to present free concerts using various television broadcasting platforms. The world's greatest orchestras and opera companies have made vast collections of timeless musical works accessible—a source of comfort for people in lockdown. People in Italy, singing from their balconies, gave voice to their plight and their hopes. A number of music therapists throughout Canada and around the world have continued to support their patients in person or by teleconference while adhering to lockdown rules, and both our national and provincial associations have done the same for their members. What a privilege it has been to witness our community's resilience and solidarity.

I am now very pleased to present to you the French-language contributions in Volume 26 of the *Canadian Journal of Music Therapy*, 2020 edition. The lead article in this issue is an interview that I had the immense pleasure of conducting with Dr. Sandi Curtis, a pioneer in the field of feminist music therapy. Dr. Curtis reflects on her long and successful career in music therapy, and shares with us the history of that career, her passions, and the challenges she had to take on. The overarching theme, however, is the social justice and equity values that guided her journey as an activist.

Next, a translation of the article, “Community Mental Health Music Therapy: A Consumer-Initiated Song-Based Paradigm,” taken from the 2010 edition of the *CJMT*, is presented. This article, which is still relevant today, presents an inquiry by Sue Baines and Graeme Danko into users' perceptions of a community music therapy program for mental health. The authors start by examining the findings of a survey published in 2000, showing how the program has evolved more than a decade after its inception. They go on to present an analysis of interviews in which program participants are invited to voice their thoughts. Their research draws out client perceptions of this model's effectiveness, and presents an interesting analysis of how song selection, sharing, and performance can impact the individual and the community.

Guylaine Vaillancourt then presents a book review of *Le cerveau et la musique : une odyssée fantastique d'art et de science* [*Music and the Brain: A Fantastic Odyssey Combining Art and Science*], published by Les Éditions MultiMondes in 2018. This work by Michel Rochon, which presents multiple perspectives on the evolution of sound and the role of music in our lives, is truly an “ambassador” for our profession. The author singles out, for special mention, the music therapist's contribution to improving people's lives.

I wish to thank my colleague, Guylaine Vaillancourt, and the Editor-in-chief, Sue Baines, for their patience and their advice which I found highly valuable in my new role as Editor, French Content. Running a bilingual forum in which music therapists can discuss the diversity of their work and research is a great privilege. I would like to close with an invitation: If you wish to have a French-language article published—even if you have never done so before—get in touch with me. I would be very pleased to start by discussing your ideas and research projects with you, and then guide you through the publishing process. Our commitment is to ensure that the *Canadian Journal of Music Therapy* is accessible to every practitioner of this profession, and inclusive of all the voices that come together in harmony in Canada's music therapy universe.

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