



Canadian  
Association of  
Music Therapists

Association  
canadienne des  
musicothérapeutes

## Canadian Journal of Music Therapy Revue canadienne de musicothérapie

From the Editor-in-Chief, English Content Editor

Mot de la rédactrice en chef et directrice du contenu en anglais

**Baines, S**, Capilano University  
Editor's Message / Message de la rédactrice

### Journal Information Information de la revue

Volume 26 | 2020



Editor-in-Chief  
Rédactrice en chef  
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ISSN: 1199-1054

Frequency /Fréquence :  
annual/annuel

When we started planning the 2020 issue of the *Canadian Journal of Music Therapy (CJMT)*, the world was different than it is as I write this editorial today. 2020 is the year of the worldwide pandemic of the new coronavirus, COVID-19. This threat has awakened our global community to our capacity to work together in pulse, rhythm, and harmony to care for our human family. As we shelter in place to slow the progress of the epidemic, we turn inward and review our awarenesses and understandings of who we are. And we turn outward to support our communities through these difficult, turbulent times. Many of us have moved to online platforms to deliver deeply valuable and needed music therapy services to vulnerable clients. Others continue to go to job sites, risking our own health while creating new ways to work with clients—changing the way we practise to include incorporating physical distancing and using no instruments while dressed in personal protective equipment. As a community of people who value improvisation, these rapid changes have stretched our creativity and capacities considerably.

As we struggle to make sense of the impact of COVID-19 on our lives and the lives of those for whom we care, the global community has become increasingly aware of the importance of arts to sustain health and well-being. Music therapists promote this process daily, which makes me immensely proud of our profession. May we use this crisis to continue to build a generous, inclusive, innovative, radical solidarity between all peoples, their music, and their pursuit of social meaning and social justice.

*CJMT 2020* provides opportunities to deepen our music therapy learning on a broad spectrum of topics. It begins with an interview by Annabelle Brault, *CJMT*'s new French content editor, with Dr. Sandi Curtis who recently retired from Concordia University. Brault writes about Curtis's tireless work for social justice in her quest to end violence against women. This article is followed by Michael Zanders's study that explores music-based experiences in music therapy practicum supervision. Nicola Oddy and Annabelle Brault's paper on how Canadian music therapists address goals and objectives in their practices is next. The final article is a French translation of Sue Baines and Graeme Danko's *CJMT 2010* article, "Community Mental Health Music Therapy: A Consumer-Initiated Song-Based Paradigm" / « La Musicothérapie Communautaire En Santé Mentale : Un Paradigme Fondé Sur La Chanson Et La Participation Du Client », chosen by the CAMT board. It explores a community mental health music therapy program through the voices of the participants and staff.

Five book reviews complete this issue. Esther Thane reviews Kern and Humpal's (2019) second edition exploring music therapy with young children with autism and Aksana Kavaliova-Moussi covers Standley's (2019) e-book on evidence-based practice in music therapy. Kiki Chang shares her thoughts on Grocke's (2019) second edition that considers approaches to guided imagery and music and Noele Bird writes about Kroeker's (2019) book on his approach to Jungian music psychotherapy. Guylaine Vaillancourt's review of Rochon's (2018) book on music and the brain completes *CJMT 2020*.

This is my final issue as editor-in-chief of the *Canadian Journal of Music Therapy (CJMT)*; my term is now complete. I am very proud of my contribution to *CJMT* including a complete redesign of the journal, establishment of our logo, and in each issue publishing leading edge, groundbreaking topics of interest and value to our readership. I would like to thank the editorial team and many authors with whom I have had the privilege to work; it has been a great honour. I look forward to the realization of the CAMT initiative towards *CJMT* being an open access journal. I hope that I have served the membership well and wish the new editor-in-chief, SarahRose Black, all the best.

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