

From the French Content Editor

As we continue to overcome the challenges and repercussions of the COVID-19 pandemic, the world is facing a confluence of crises, including the war in Ukraine, spiralling inflation, and the soaring cost of living as well as humanitarian crises due to climate change (WHO, 2022). We have a duty—now more than ever—to improve health-care systems worldwide so we can respond to these crises. Within these systems, the music therapy community is striving to ease suffering, promote well-being, and advocate—with the populations served—for better access and participative decision making.

Online music therapy remains a promising avenue for many practitioners, who can use it to transcend some geographic and social boundaries in order to provide services to people who could not access them otherwise. We continue to establish digital technology guidelines to ensure that the services provided are effective and ethical. Hybrid conferences are now the norm; many music therapy practitioners had the pleasure of gathering in person and online for the 48th Annual Canadian Association of Music Therapists Conference. Let us also spare a thought for novice practitioners who entered our profession at an unprecedented, challenging time in the modern era of music therapy. Their adaptability was severely tested right from the start of their careers. This year, we have chosen to focus on the voices of both novice and experienced authors who have made advances in our profession through mentoring—as both providers and recipients. I am therefore pleased to present the French-language contributions to the 2022 edition (Volume 28) of the *Canadian Journal of Music Therapy*. This issue begins with an interview highlighting the expertise of some eminent Canadian music therapists. Chrissy Pearson, in her interview with Mariah Story, looks back on her career and talks about her hopes for the future of this profession in Canada. We then move on to an essay titled “Becoming—and Remaining—a Music Therapist: A Career Path that’s Unique to You.” In this written adaptation of her opening address for the 47th Canadian Association of Music Therapists Conference, Dr. Vaillancourt outlines strategies to ensure that music therapy flourishes for years to come. She particularly focuses on the various aspects of mentoring throughout one’s career.

Next is an article by Valérie Saulnier, who discusses the issues related to voice training for music therapists. In this philosophical reflection, she presents a model that could serve as a conceptual framework for developing voice training adapted to music therapists. Four book reviews have also been translated for this issue of the *CJMT*.

I would like to thank Dr. SarahRose Black, our Editor-in-Chief, and Sara Pun, the new Associate Editor, for their unflagging efforts that have led to the publication of *CJMT* 2022. I feel privileged to be working with them and remain enthusiastic about seeing this journal evolve in step with new innovations and trends in scientific publishing. As the *CJMT* is now available through an Open Access platform, I invite you to circulate it widely so that the ideas, thoughts, and knowledge of music therapists from Canada and elsewhere may shine.

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Reference

WHO (July 19, 2022). *WHO director-general's remarks at COVID-19 global action plan foreign ministerial meeting – 19 July 2022*. <https://www.who.int/director-general/speeches/detail/who-director-general-s-remarks-at-covid-19-global-action-plan-foreign-ministerial-meeting---19-july-2022>